



Hello and welcome to this file, intended to introduce you to the main living costs in Japan and in the cities of Chiba, Kobe, Kyoto, Nagoya, Nara, Osaka, Tokyo and Yokohama.

This file is here to give you an idea about the real and perceived costs of living in this country and cities.

The figures come from the website: NUMBEO. These figures are as of May 16, 2012.

For my part, and knowledge of causes, I think these figures are not entirely true, but they provide some idea of the cost of living in Japan. Do not take them as true but as an idea.

Hope this is useful for you.

A Gaijin in Japan

<http://www.gaijinjapan.org/en/>

## COST OF LIFE IN JAPAN

	YEN	EUROS	USD
<b>RESTAURANTS</b>			
Meal in a cheap restaurant	¥862	8,40 €	10,79 €
Meal for 2 in a mid-range restaurant, 3 courses	¥3 840	37,40 €	\$48,04
Menu at McDonald's or similar	¥615	5,99 €	\$7,69
Local beer (50 cl)	¥488	4,76 €	\$6,11
Imported beer (33 cl)	¥642	6,25 €	\$8,03
Cappuccino (regular)	¥372	3,62 €	\$4,65
Coke / Pepsi (33 cl)	¥144	1,40 €	\$1,80
Water (33 cl)	¥124	1,21 €	\$1,55
<b>MARKETS</b>			
Milk (1 liter)	¥187	1,82 €	\$2,34
Loaf of fresh white bread (500 g)	¥225	2,19 €	\$2,81
Eggs (12)	¥219	2,13 €	\$2,74
Fresh Cheese (1 kg)	¥1 322	12,88 €	\$16,54
Chicken breast - boneless, skinless (1 kg)	¥836	8,14 €	\$10,46
Apples (1 kg)	¥559	5,44 €	\$6,99
Oranges (1 kg)	¥446	4,34 €	\$5,58
Potatoes (1 kg)	¥273	2,66 €	\$3,41
Lettuce (1 piece)	¥201	1,95 €	\$2,51
Water (1 bottle 1.5 L)	¥145	1,42 €	\$1,82
Bottle of wine (medium range)	¥1 343	13,08 €	\$16,80
Local beer (50 cl)	¥319	3,11 €	\$3,99
Imported beer (33 cl)	¥384	3,75 €	\$4,81
Marlboro cigarette pack	¥402	3,92 €	\$5,03
<b>TRANSPORTATIONS</b>			
One way ticket (local transportation)	¥209	2,04 €	\$2,62
monthly Pass	¥9 769	95,17 €	\$122,23
Starting price for a taxi (normal rate)	¥720	7,02 €	\$9,01
Taxi fare for 1 km (normal rate)	¥528	5,14 €	\$6,60
Taxi for an hour of waiting (normal rate)	¥5 008	48,79 €	\$62,66
Petrol (1 liter)	¥139	1,35 €	\$1,74
<b>UTILITIES (MONTHLY)</b>			
Basic (Electricity, Gas, Water, Waste) for an apartment of 85m <sup>2</sup>	¥15 429	150,30 €	\$193,04
1 minute of prepaid phone (local rate)	¥59	0,58 €	\$0,74
Internet (6 Mbps, Unlimited, Cable / DSL)	¥3 632	35,38 €	\$45,44
<b>SPORTS AND LEISURE</b>			
Fitness club, price for 1 month for 1 adult	¥8 309	80,94 €	\$103,96
Rent a tennis court (1 hour on Weekend)	¥2 454	23,90 €	\$30,70
1 place at Cinema	¥1 725	16,80 €	\$21,58
<b>CLOTHING AND SHOES</b>			
Levis 501 jeans or an equivalent	¥8 192	79,81 €	\$102,50
A summer dress in a store chains (Zara, H&M ...)	¥5 699	55,51 €	\$71,30
A pair of Nike sport shoes	¥7 030	68,49 €	\$87,96
A pair of leather shoes for men	¥12 190	118,74 €	\$152,51
<b>RENT (MONTHLY)</b>			
An apartment (1 room) in downtown	¥98 922	963,64 €	\$1 237,66
An apartment (1 room) outside the city center	¥55 057	536,33 €	\$688,84
An apartment (3 rooms) in downtown	¥187 973	1 831,13 €	\$2 351,82
An apartment (3 rooms) outside city center	¥126 460	1 231,90 €	\$1 582,20
<b>SOURCES</b>			
Information collected during	18 months		
Number of entries	902		
Numbers of contributors	97		

## COST IN LIFE IN CHIBA - JAPAN

	YEN	EUROS	USD
<b>RESTAURANTS</b>			
Meal in a cheap restaurant	¥695	6,77 €	8,70 €
Meal for 2 in a mid-range restaurant, 3 courses	¥3 246	31,62 €	\$40,61
Menu at McDonald's or similar	¥623	6,07 €	\$7,79
Local beer (50 cl)	¥344	3,36 €	\$4,31
Imported beer (33 cl)	¥444	4,32 €	\$5,55
Cappuccino (regular)	¥276	2,69 €	\$3,45
Coke / Pepsi (33 cl)	¥89	0,86 €	\$1,11
Water (33 cl)	¥109	1,07 €	\$1,37
<b>MARKETS</b>			
Milk (1 liter)	¥141	1,38 €	\$1,77
Loaf of fresh white bread (500 g)	¥185	1,81 €	\$2,32
Eggs (12)	¥145	1,41 €	\$1,81
Fresh Cheese (1 kg)	¥1 182	11,52 €	\$14,79
Chicken breast - boneless, skinless (1 kg)	¥1 478	14,40 €	\$18,49
Apples (1 kg)	¥488	4,75 €	\$6,10
Oranges (1 kg)	¥491	4,78 €	\$6,14
Potatoes (1 kg)	¥293	2,85 €	\$3,66
Lettuce (1 piece)	¥215	2,09 €	\$2,69
Water (1 bottle 1.5 L)	¥296	2,88 €	\$3,70
Bottle of wine (medium range)	¥2 956	28,79 €	\$36,98
Local beer (50 cl)	¥444	4,32 €	\$5,55
Imported beer (33 cl)	¥296	2,88 €	\$3,70
Marlboro cigarette pack	¥414	4,03 €	\$5,18
<b>TRANSPORTATIONS</b>			
One way ticket (local transportation)	¥328	3,19 €	\$4,10
monthly Pass	¥8 921	86,91 €	\$111,62
Starting price for a taxi (normal rate)	¥394	3,84 €	\$4,93
Taxi fare for 1 km (normal rate)	¥690	6,72 €	\$8,63
Taxi for an hour of waiting (normal rate)	¥5 911	57,59 €	\$73,96
Petrol (1 liter)	¥227	2,21 €	\$2,84
<b>UTILITIES (MONTHLY)</b>			
Basic (Electricity, Gas, Water, Waste) for an apartment of 85m <sup>2</sup>	¥13 628	132,76 €	\$170,51
1 minute of prepaid phone (local rate)	¥59	0,58 €	\$0,74
Internet (6 Mbps, Unlimited, Cable / DSL)	¥3 021	29,43 €	\$37,80
<b>SPORTS AND LEISURE</b>			
Fitness club, price for 1 month for 1 adult	¥0	0,00 €	
Rent a tennis court (1 hour on Weekend)	¥0	0,00 €	
1 place at Cinema	¥1 478	14,40 €	\$18,49
<b>CLOTHING AND SHOES</b>			
Levis 501 jeans or an equivalent	¥15 763	153,56 €	\$197,22
A summer dress in a store chains (Zara, H& M ...)	¥2 956	28,79 €	\$36,98
A pair of Nike sport shoes	¥7 882	76,78 €	\$98,61
A pair of leather shoes for men	¥9 853	95,98 €	\$123,27
<b>RENT (MONTHLY)</b>			
An apartment (1 room) in downtown	¥39 409	383,90 €	\$493,06
An apartment (1 room) outside the city center	¥37 437	364,69 €	\$468,39
An apartment (3 rooms) in downtown	¥78 817	767,79 €	\$986,12
An apartment (3 rooms) outside city center	¥59 113	575,84 €	\$739,59
<b>SOURCES</b>			
Information collected during	18 months		
Number of entries	56		
Numbers of contributors	4		

## COST IN LIFE IN KOBE - JAPAN

	YEN	EUROS	USD
<b>RESTAURANTS</b>			
Meal in a cheap restaurant	¥1 431	13,94 €	\$17,91
Meal for 2 in a mid-range restaurant, 3 courses	¥9 746	94,94 €	\$121,94
Menu at McDonald's or similar	¥877	8,54 €	\$10,97
Local beer (50 cl)	¥536	5,22 €	\$6,71
Imported beer (33 cl)	¥780	7,60 €	\$9,76
Cappuccino (regular)	¥439	4,27 €	\$5,49
Coke / Pepsi (33 cl)	¥185	1,81 €	\$2,32
Water (33 cl)	¥146	1,42 €	\$1,83
<b>MARKETS</b>			
Milk (1 liter)	¥281	2,73 €	\$3,51
Loaf of fresh white bread (500 g)	¥293	2,85 €	\$3,66
Eggs (12)	¥283	2,76 €	\$3,54
Fresh Cheese (1 kg)	¥974	9,49 €	\$12,19
Chicken breast - boneless, skinless (1 kg)	¥293	2,85 €	\$3,66
Apples (1 kg)	¥488	4,75 €	\$6,10
Oranges (1 kg)	¥488	4,75 €	\$6,10
Potatoes (1 kg)	¥281	2,73 €	\$3,51
Lettuce (1 piece)	¥146	1,42 €	\$1,83
Water (1 bottle 1.5 L)	¥146	1,42 €	\$1,83
Bottle of wine (medium range)	¥1 267	12,34 €	\$15,85
Local beer (50 cl)	¥536	5,22 €	\$6,71
Imported beer (33 cl)	¥780	7,60 €	\$9,76
Marlboro cigarette pack	¥439	4,27 €	\$5,49
<b>TRANSPORTATIONS</b>			
One way ticket (local transportation)	¥488	4,75 €	\$6,10
monthly Pass	¥7 797	75,95 €	\$97,55
Starting price for a taxi (normal rate)	¥659	6,42 €	\$8,25
Taxi fare for 1 km (normal rate)	¥659	6,42 €	\$8,25
Taxi for an hour of waiting (normal rate)	¥7 797	75,95 €	\$97,55
Petrol (1 liter)	¥196	1,91 €	\$2,45
<b>UTILITIES (MONTHLY)</b>			
Basic (Electricity, Gas, Water, Waste) for an apartment of 85m <sup>2</sup>	¥38 986	379,78 €	\$487,77
1 minute of prepaid phone (local rate)	¥59	0,58 €	\$0,74
Internet (6 Mbps, Unlimited, Cable / DSL)	¥4 873	47,47 €	\$60,97
<b>SPORTS AND LEISURE</b>			
Fitness club, price for 1 month for 1 adult	¥11 696	113,93 €	\$146,33
Rent a tennis court (1 hour on Weekend)	¥2 924	28,48 €	\$36,58
1 place at Cinema	¥1 754	17,09 €	\$21,95
<b>CLOTHING AND SHOES</b>			
Levis 501 jeans or an equivalent	¥15 595	151,91 €	\$195,11
A summer dress in a store chains (Zara, H&M ...)	¥7 797	75,95 €	\$97,55
A pair of Nike sport shoes	¥4 873	47,47 €	\$60,97
A pair of leather shoes for men	¥19 493	189,89 €	\$243,89
<b>RENT (MONTHLY)</b>			
An apartment (1 room) in downtown	¥103 134	1 004,67 €	\$1 290,36
An apartment (1 room) outside the city center	¥61 881	602,81 €	\$774,22
An apartment (3 rooms) in downtown	¥214 423	2 088,78 €	\$2 682,74
An apartment (3 rooms) outside city center	¥114 543	1 115,81 €	\$1 433,10
<b>SOURCES</b>			
Information collected during	18 months		
Number of entries	46		
Numbers of contributors	5		

## COST IN LIFE IN KYOTO - JAPAN

	YEN	EUROS	USD
<b>RESTAURANTS</b>			
Meal in a cheap restaurant	¥723	7,04 €	\$9,04
Meal for 2 in a mid-range restaurant, 3 courses	¥2 950	28,74 €	\$36,91
Menu at McDonald's or similar	¥456	4,44 €	\$5,70
Local beer (50 cl)	¥159	1,55 €	\$1,99
Imported beer (33 cl)	¥204	1,99 €	\$2,55
Cappuccino (regular)	¥0	0,00 €	
Coke / Pepsi (33 cl)	¥100	0,97 €	\$1,25
Water (33 cl)	¥91	0,89 €	\$1,14
<b>MARKETS</b>			
Milk (1 liter)	¥158	1,54 €	\$1,98
Loaf of fresh white bread (500 g)	¥410	3,99 €	\$5,13
Eggs (12)	¥151	1,47 €	\$1,89
Fresh Cheese (1 kg)	¥0	0,00 €	
Chicken breast - boneless, skinless (1 kg)	¥912	8,88 €	\$11,41
Apples (1 kg)	¥0	0,00 €	
Oranges (1 kg)	¥0	0,00 €	
Potatoes (1 kg)	¥0	0,00 €	
Lettuce (1 piece)	¥0	0,00 €	
Water (1 bottle 1.5 L)	¥91	0,89 €	\$1,14
Bottle of wine (medium range)	¥725	7,06 €	\$9,07
Local beer (50 cl)	¥159	1,55 €	\$1,99
Imported beer (33 cl)	¥204	1,99 €	\$2,55
Marlboro cigarette pack	¥364	3,55 €	\$4,56
<b>TRANSPORTATIONS</b>			
One way ticket (local transportation)	¥199	1,94 €	\$2,49
monthly Pass	¥0	0,00 €	
Starting price for a taxi (normal rate)	¥0	0,00 €	
Taxi fare for 1 km (normal rate)	¥0	0,00 €	
Taxi for an hour of waiting (normal rate)	¥0	0,00 €	
Petrol (1 liter)	¥122	1,19 €	\$1,53
<b>UTILITIES (MONTHLY)</b>			
Basic (Electricity, Gas, Water, Waste) for an apartment of 85m <sup>2</sup>	¥10 031	97,71 €	\$125,50
1 minute of prepaid phone (local rate)	¥0	0,00 €	
Internet (6 Mbps, Unlimited, Cable / DSL)	¥4 186	40,78 €	\$52,37
<b>SPORTS AND LEISURE</b>			
Fitness club, price for 1 month for 1 adult	¥6 449	62,83 €	\$80,69
Rent a tennis court (1 hour on Weekend)	¥0	0,00 €	
1 place at Cinema	¥1 382	13,46 €	\$17,29
<b>CLOTHING AND SHOES</b>			
Levis 501 jeans or an equivalent	¥3 191	31,09 €	\$39,93
A summer dress in a store chains (Zara, H& M ...)	¥4 103	39,97 €	\$51,34
A pair of Nike sport shoes	¥2 736	26,65 €	\$34,23
A pair of leather shoes for men	¥3 648	35,54 €	\$45,64
<b>RENT (MONTHLY)</b>			
An apartment (1 room) in downtown	¥72 513	706,38 €	\$907,24
An apartment (1 room) outside the city center	¥40 816	397,61 €	\$510,67
An apartment (3 rooms) in downtown	¥172 163	1 677,11 €	\$2 154,01
An apartment (3 rooms) outside city center	¥113 329	1 103,98 €	\$1 417,91
<b>SOURCES</b>			
Information collected during	18 months		
Number of entries	54		
Numbers of contributors	6		

## COST IN LIFE IN NAGOYA - JAPAN

	YEN	EUROS	USD
<b>RESTAURANTS</b>			
Meal in a cheap restaurant	¥1 324	12,89 €	\$16,56
Meal for 2 in a mid-range restaurant, 3 courses	¥6 329	61,66 €	\$79,19
Menu at McDonald's or similar	¥578	5,63 €	\$7,23
Local beer (50 cl)	¥427	4,16 €	\$5,34
Imported beer (33 cl)	¥545	5,31 €	\$6,82
Cappuccino (regular)	¥206	2,01 €	\$2,58
Coke / Pepsi (33 cl)	¥194	1,89 €	\$2,43
Water (33 cl)	¥112	1,09 €	\$1,40
<b>MARKETS</b>			
Milk (1 liter)	¥153	1,49 €	\$1,91
Loaf of fresh white bread (500 g)	¥248	2,41 €	\$3,10
Eggs (12)	¥133	1,29 €	\$1,66
Fresh Cheese (1 kg)	¥1 100	10,71 €	\$13,76
Chicken breast - boneless, skinless (1 kg)	¥516	5,03 €	\$6,46
Apples (1 kg)	¥1 033	10,06 €	\$12,92
Oranges (1 kg)	¥0	0,00 €	
Potatoes (1 kg)	¥0	0,00 €	
Lettuce (1 piece)	¥309	3,01 €	\$3,87
Water (1 bottle 1.5 L)	¥124	1,21 €	\$1,55
Bottle of wine (medium range)	¥1 639	15,97 €	\$20,51
Local beer (50 cl)	¥399	3,89 €	\$4,99
Imported beer (33 cl)	¥516	5,03 €	\$6,46
Marlboro cigarette pack	¥399	3,89 €	\$4,99
<b>TRANSPORTATIONS</b>			
One way ticket (local transportation)	¥229	2,23 €	\$2,87
monthly Pass	¥8 259	80,45 €	\$103,33
Starting price for a taxi (normal rate)	¥0	0,00 €	
Taxi fare for 1 km (normal rate)	¥0	0,00 €	
Taxi for an hour of waiting (normal rate)	¥0	0,00 €	
Petrol (1 liter)	¥149	1,46 €	\$1,87
<b>UTILITIES (MONTHLY)</b>			
Basic (Electricity, Gas, Water, Waste) for an apartment of 85m <sup>2</sup>	¥7 227	70,40 €	\$90,42
1 minute of prepaid phone (local rate)	¥0	0,00 €	
Internet (6 Mbps, Unlimited, Cable / DSL)	¥4 130	40,23 €	\$51,67
<b>SPORTS AND LEISURE</b>			
Fitness club, price for 1 month for 1 adult	¥0	0,00 €	
Rent a tennis court (1 hour on Weekend)	¥0	0,00 €	
1 place at Cinema	¥1 650	16,08 €	\$20,65
<b>CLOTHING AND SHOES</b>			
Levis 501 jeans or an equivalent	¥7 794	75,93 €	\$97,52
A summer dress in a store chains (Zara, H& M ...)	¥9 506	92,60 €	\$118,93
A pair of Nike sport shoes	¥0	0,00 €	
A pair of leather shoes for men	¥11 406	111,11 €	\$142,71
<b>RENT (MONTHLY)</b>			
An apartment (1 room) in downtown	¥64 173	625,14 €	\$802,90
An apartment (1 room) outside the city center	¥45 115	439,49 €	\$564,46
An apartment (3 rooms) in downtown	¥110 011	1 071,67 €	\$1 376,40
An apartment (3 rooms) outside city center	¥87 712	854,44 €	\$1 097,40
<b>SOURCES</b>			
Information collected during	18 months		
Number of entries	58		
Numbers of contributors	7		

## COST IN LIFE IN NARA - JAPAN

	YEN	EUROS	USD
<b>RESTAURANTS</b>			
Meal in a cheap restaurant	¥698	6,80 €	\$8,73
Meal for 2 in a mid-range restaurant, 3 courses	¥1 252	12,19 €	\$15,66
Menu at McDonald's or similar	¥608	5,93 €	\$7,61
Local beer (50 cl)	¥313	3,05 €	\$3,92
Imported beer (33 cl)	¥0	0,00 €	
Cappuccino (regular)	¥0	0,00 €	
Coke / Pepsi (33 cl)	¥107	1,04 €	\$1,34
Water (33 cl)	¥90	0,87 €	\$1,12
<b>MARKETS</b>			
Milk (1 liter)	¥161	1,56 €	\$2,01
Loaf of fresh white bread (500 g)	¥121	1,18 €	\$1,51
Eggs (12)	¥181	1,76 €	\$2,26
Fresh Cheese (1 kg)	¥0	0,00 €	
Chicken breast - boneless, skinless (1 kg)	¥0	0,00 €	
Apples (1 kg)	¥0	0,00 €	
Oranges (1 kg)	¥0	0,00 €	
Potatoes (1 kg)	¥0	0,00 €	
Lettuce (1 piece)	¥0	0,00 €	
Water (1 bottle 1.5 L)	¥90	0,87 €	\$1,12
Bottle of wine (medium range)	¥2 236	21,78 €	\$27,97
Local beer (50 cl)	¥0	0,00 €	
Imported beer (33 cl)	¥0	0,00 €	
Marlboro cigarette pack	¥0	0,00 €	
<b>TRANSPORTATIONS</b>			
One way ticket (local transportation)	¥179	1,74 €	\$2,24
monthly Pass	¥0	0,00 €	
Starting price for a taxi (normal rate)	¥0	0,00 €	
Taxi fare for 1 km (normal rate)	¥0	0,00 €	
Taxi for an hour of waiting (normal rate)	¥0	0,00 €	
Petrol (1 liter)	¥112	1,09 €	\$1,40
<b>UTILITIES (MONTHLY)</b>			
Basic (Electricity, Gas, Water, Waste) for an apartment of 85m <sup>2</sup>	¥0	0,00 €	
1 minute of prepaid phone (local rate)	¥0	0,00 €	
Internet (6 Mbps, Unlimited, Cable / DSL)	¥3 871	37,71 €	\$48,43
<b>SPORTS AND LEISURE</b>			
Fitness club, price for 1 month for 1 adult	¥0	0,00 €	
Rent a tennis court (1 hour on Weekend)	¥0	0,00 €	
1 place at Cinema	¥0	0,00 €	
<b>CLOTHING AND SHOES</b>			
Levis 501 jeans or an equivalent	¥0	0,00 €	
A summer dress in a store chains (Zara, H&M ...)	¥0	0,00 €	
A pair of Nike sport shoes	¥0	0,00 €	
A pair of leather shoes for men	¥0	0,00 €	
<b>RENT (MONTHLY)</b>			
An apartment (1 room) in downtown	¥70 685	688,57 €	\$884,37
An apartment (1 room) outside the city center	¥39 270	382,54 €	\$491,32
An apartment (3 rooms) in downtown	¥106 623	1 038,66 €	\$1 334,01
An apartment (3 rooms) outside city center	¥102 100	994,60 €	\$1 277,42
<b>SOURCES</b>			
Information collected during	18 months		
Number of entries	20		
Numbers of contributors	4		

## COST IN LIFE IN OSAKA - JAPAN

	YEN	EUROS	USD
<b>RESTAURANTS</b>			
Meal in a cheap restaurant	¥869	8,46 €	\$10,87
Meal for 2 in a mid-range restaurant, 3 courses	¥4 501	43,84 €	\$56,31
Menu at McDonald's or similar	¥762	7,42 €	\$9,53
Local beer (50 cl)	¥460	4,48 €	\$5,75
Imported beer (33 cl)	¥500	4,87 €	\$6,25
Cappuccino (regular)	¥317	3,08 €	\$3,96
Coke / Pepsi (33 cl)	¥119	1,16 €	\$1,49
Water (33 cl)	¥87	0,85 €	\$1,09
<b>MARKETS</b>			
Milk (1 liter)	¥197	1,92 €	\$2,46
Loaf of fresh white bread (500 g)	¥209	2,03 €	\$2,61
Eggs (12)	¥211	2,06 €	\$2,64
Fresh Cheese (1 kg)	¥1 114	10,85 €	\$13,94
Chicken breast - boneless, skinless (1 kg)	¥985	9,60 €	\$12,33
Apples (1 kg)	¥1 248	12,15 €	\$15,61
Oranges (1 kg)	¥832	8,11 €	\$10,41
Potatoes (1 kg)	¥220	2,14 €	\$2,75
Lettuce (1 piece)	¥183	1,78 €	\$2,29
Water (1 bottle 1.5 L)	¥113	1,11 €	\$1,42
Bottle of wine (medium range)	¥911	8,88 €	\$11,40
Local beer (50 cl)	¥253	2,47 €	\$3,17
Imported beer (33 cl)	¥305	2,97 €	\$3,81
Marlboro cigarette pack	¥377	3,67 €	\$4,72
<b>TRANSPORTATIONS</b>			
One way ticket (local transportation)	¥219	2,13 €	\$2,74
monthly Pass	¥15 298	149,02 €	\$191,40
Starting price for a taxi (normal rate)	¥682	6,64 €	\$8,53
Taxi fare for 1 km (normal rate)	¥395	3,85 €	\$4,94
Taxi for an hour of waiting (normal rate)	¥2 721	26,50 €	\$34,04
Petrol (1 liter)	¥139	1,35 €	\$1,74
<b>UTILITIES (MONTHLY)</b>			
Basic (Electricity, Gas, Water, Waste) for an apartment of 85m <sup>2</sup>	¥27 772	270,54 €	\$347,47
1 minute of prepaid phone (local rate)	¥27	0,26 €	\$0,34
Internet (6 Mbps, Unlimited, Cable / DSL)	¥2 856	27,82 €	\$35,73
<b>SPORTS AND LEISURE</b>			
Fitness club, price for 1 month for 1 adult	¥7 738	75,38 €	\$96,81
Rent a tennis court (1 hour on Weekend)	¥2 952	28,76 €	\$36,94
1 place at Cinema	¥1 870	18,22 €	\$23,40
<b>CLOTHING AND SHOES</b>			
Levis 501 jeans or an equivalent	¥10 091	98,30 €	\$126,25
A summer dress in a store chains (Zara, H&M ...)	¥3 570	34,77 €	\$44,66
A pair of Nike sport shoes	¥7 342	71,52 €	\$91,86
A pair of leather shoes for men	¥15 810	154,01 €	\$197,80
<b>RENT (MONTHLY)</b>			
An apartment (1 room) in downtown	¥147 894	1 440,70 €	\$1 850,37
An apartment (1 room) outside the city center	¥68 253	664,88 €	\$853,94
An apartment (3 rooms) in downtown	¥171 352	1 669,21 €	\$2 143,86
An apartment (3 rooms) outside city center	¥142 793	1 391,01 €	\$1 786,55
<b>SOURCES</b>			
Information collected during	18 months		
Number of entries	99		
Numbers of contributors	10		



## COST IN LIFE IN TOKYO - JAPAN

	YEN	EUROS	USD
<b>RESTAURANTS</b>			
Meal in a cheap restaurant	¥930	9,06 €	\$11,63
Meal for 2 in a mid-range restaurant, 3 courses	¥4 262	41,51 €	\$53,32
Menu at McDonald's or similar	¥587	5,72 €	\$7,35
Local beer (50 cl)	¥556	5,42 €	\$6,96
Imported beer (33 cl)	¥773	7,53 €	\$9,67
Cappuccino (regular)	¥397	3,87 €	\$4,97
Coke / Pepsi (33 cl)	¥173	1,69 €	\$2,17
Water (33 cl)	¥152	1,48 €	\$1,90
<b>MARKETS</b>			
Milk (1 liter)	¥205	1,99 €	\$2,56
Loaf of fresh white bread (500 g)	¥231	2,25 €	\$2,89
Eggs (12)	¥253	2,46 €	\$3,16
Fresh Cheese (1 kg)	¥1 272	12,40 €	\$15,92
Chicken breast - boneless, skinless (1 kg)	¥919	8,95 €	\$11,50
Apples (1 kg)	¥479	4,66 €	\$5,99
Oranges (1 kg)	¥343	3,34 €	\$4,29
Potatoes (1 kg)	¥308	3,00 €	\$3,85
Lettuce (1 piece)	¥188	1,83 €	\$2,35
Water (1 bottle 1.5 L)	¥124	1,21 €	\$1,55
Bottle of wine (medium range)	¥1 288	12,55 €	\$16,12
Local beer (50 cl)	¥323	3,15 €	\$4,04
Imported beer (33 cl)	¥412	4,02 €	\$5,16
Marlboro cigarette pack	¥448	4,37 €	\$5,61
<b>TRANSPORTATIONS</b>			
One way ticket (local transportation)	¥168	1,64 €	\$2,10
monthly Pass	¥9 701	94,50 €	\$121,37
Starting price for a taxi (normal rate)	¥737	7,18 €	\$9,22
Taxi fare for 1 km (normal rate)	¥335	3,26 €	\$4,19
Taxi for an hour of waiting (normal rate)	¥2 721	26,50 €	\$34,04
Petrol (1 liter)	¥160	1,56 €	\$2,00
<b>UTILITIES (MONTHLY)</b>			
Basic (Electricity, Gas, Water, Waste) for an apartment of 85m <sup>2</sup>	¥13 747	133,91 €	\$171,99
1 minute of prepaid phone (local rate)	¥86	0,83 €	\$1,07
Internet (6 Mbps, Unlimited, Cable / DSL)	¥2 384	23,23 €	\$29,83
<b>SPORTS AND LEISURE</b>			
Fitness club, price for 1 month for 1 adult	¥9 196	89,58 €	\$115,05
Rent a tennis court (1 hour on Weekend)	¥799	7,79 €	\$10,00
1 place at Cinema	¥1 623	15,81 €	\$20,30
<b>CLOTHING AND SHOES</b>			
Levis 501 jeans or an equivalent	¥9 766	95,14 €	\$122,19
A summer dress in a store chains (Zara, H&M ...)	¥6 060	59,03 €	\$75,82
A pair of Nike sport shoes	¥9 824	95,70 €	\$122,91
A pair of leather shoes for men	¥15 256	148,61 €	\$190,87
<b>RENT (MONTHLY)</b>			
An apartment (1 room) in downtown	¥139 626	1 360,15 €	\$1 746,92
An apartment (1 room) outside the city center	¥94 384	919,43 €	\$1 180,88
An apartment (3 rooms) in downtown	¥362 835	3 534,52 €	\$4 539,59
An apartment (3 rooms) outside city center	¥188 275	1 834,06 €	\$2 355,59
<b>SOURCES</b>			
Information collected during	18 months		
Number of entries	352		
Numbers of contributors	42		

## COST IN LIFE IN YOKOHAMA - JAPAN

	YEN	EUROS	USD
<b>RESTAURANTS</b>			
Meal in a cheap restaurant	¥1 236	12,04 €	\$15,46
Meal for 2 in a mid-range restaurant, 3 courses	¥1 832	17,85 €	\$22,92
Menu at McDonald's or similar	¥695	6,77 €	\$8,69
Local beer (50 cl)	¥520	5,06 €	\$6,50
Imported beer (33 cl)	¥500	4,87 €	\$6,25
Cappuccino (regular)	¥0	0,00 €	
Coke / Pepsi (33 cl)	¥152	1,48 €	\$1,90
Water (33 cl)	¥121	1,18 €	\$1,51
<b>MARKETS</b>			
Milk (1 liter)	¥192	1,87 €	\$2,40
Loaf of fresh white bread (500 g)	¥137	1,34 €	\$1,72
Eggs (12)	¥249	2,42 €	\$3,11
Fresh Cheese (1 kg)	¥1 832	17,85 €	\$22,92
Chicken breast - boneless, skinless (1 kg)	¥623	6,07 €	\$7,79
Apples (1 kg)	¥0	0,00 €	
Oranges (1 kg)	¥0	0,00 €	
Potatoes (1 kg)	¥0	0,00 €	
Lettuce (1 piece)	¥0	0,00 €	
Water (1 bottle 1.5 L)	¥181	1,77 €	\$2,27
Bottle of wine (medium range)	¥1 045	10,18 €	\$13,07
Local beer (50 cl)	¥265	2,58 €	\$3,31
Imported beer (33 cl)	¥321	3,12 €	\$4,01
Marlboro cigarette pack	¥403	3,92 €	\$5,04
<b>TRANSPORTATIONS</b>			
One way ticket (local transportation)	¥0	0,00 €	
monthly Pass	¥0	0,00 €	
Starting price for a taxi (normal rate)	¥0	0,00 €	
Taxi fare for 1 km (normal rate)	¥705	6,87 €	\$8,82
Taxi for an hour of waiting (normal rate)	¥0	0,00 €	
Petrol (1 liter)	¥127	1,24 €	\$1,59
<b>UTILITIES (MONTHLY)</b>			
Basic (Electricity, Gas, Water, Waste) for an apartment of 85m <sup>2</sup>	¥18 318	178,44 €	\$229,18
1 minute of prepaid phone (local rate)	¥0	0,00 €	
Internet (6 Mbps, Unlimited, Cable / DSL)	¥5 953	57,99 €	\$74,48
<b>SPORTS AND LEISURE</b>			
Fitness club, price for 1 month for 1 adult	¥7 599	74,03 €	\$95,08
Rent a tennis court (1 hour on Weekend)	¥0	0,00 €	
1 place at Cinema	¥1 649	16,06 €	\$20,63
<b>CLOTHING AND SHOES</b>			
Levis 501 jeans or an equivalent	¥5 087	49,56 €	\$63,65
A summer dress in a store chains (Zara, H&M ...)	¥10 991	107,07 €	\$137,51
A pair of Nike sport shoes	¥6 241	60,79 €	\$78,08
A pair of leather shoes for men	¥4 579	44,61 €	\$57,29
<b>RENT (MONTHLY)</b>			
An apartment (1 room) in downtown	¥102 576	999,24 €	\$1 283,38
An apartment (1 room) outside the city center	¥45 793	446,09 €	\$572,94
An apartment (3 rooms) in downtown	¥181 341	1 766,52 €	\$2 268,84
An apartment (3 rooms) outside city center	¥102 576	999,24 €	\$1 283,38
<b>SOURCES</b>			
Information collected during	18 months		
Number of entries	52		
Numbers of contributors	5		